



## Watch for Wellness and You! Menu Solutions...

...good food that tastes great  
is your reason for  
eating healthy!

### Hours

#### **Monday - Friday**

Breakfast: 7:00am-10:30am

Lunch: 11:00am-2:00pm

Lite Lunch: 2:01pm-4:00pm

Dinner: 4:30pm-7:30pm

#### **Saturday - Sunday**

Brunch: 11:00am-2:00pm

Lite Lunch: 2:01pm-4:00pm

Dinner 4:30pm-7:30pm

### Management

#### **General Manager**

Eugene LeBoeuf

#### **Executive Chef**

Joe Polanco

#### **Production Supervisor**

Slerge Nichols

#### **Service Manager**

Phillip White

#### **Retail Supervisors**

Renee Collins

Andrea Burks

#### **Marketing Team**

Anthony Aguilar

Chanielle Lee

Alisha Toppin

# Lakeside Dining Hall

## Monday 3/1 – *Subject to Change*

Breakfast: Oatmeal, Eggs, Grits, Belgian Waffles, Buttermilk Pancakes, Tater Tots, Turkey Links, Sausage Gravy and Biscuits

Lunch: Chicken Noodle Soup, Potato Soup, Spaghetti Pasta, Steamed Italian Blend Vegetables, Garlic Bread, Stir Fry Tofu

Dinner: Chicken Noodle Soup, Potato Soup, Roasted Pork Loin, Roasted Sweet Potatoes, Roasted Vegetables, Steamed Brussels Sprouts, Mochiko Tofu

## Tuesday 3/2 – *Subject to Change*

Breakfast: Oatmeal, Eggs, Grits, Belgian Waffles, French Waffles, Hash-Brown Potatoes, Pork Sausage, Turkey Sausage, Sausage Gravy and Biscuits

Lunch: Vegetable Soup, Santa Fe Black Bean Chicken Soup, Beef and Broccoli Stir Fry, Steamed Brown Rice, Steamed Yellow Squash, Vegan Stir Fry

Dinner: Vegetable Soup, Santa Fe Black Bean Chicken Soup, Rotisserie Chicken, Roasted Red Potatoes, Broiled Tomatoes, Steamed Green Beans, Penne Pasta Primavera

## Wednesday 3/3 – *Subject to Change*

Breakfast: Oatmeal, Eggs, Grits, Belgian Waffles, Blueberry Pancakes, Hash-Brown Potatoes, Frizzled Ham, Sausage Gravy and Biscuits

Lunch: Minnesota Wild Rice Soup, Turkey Vegetable Soup, Deep Fried Fish Nuggets, French Fries, Steamed Broccoli Crowns, Steamed Baby Carrots, Four Cheese Penne Pasta

Dinner: Minnesota Wild Rice Soup, Turkey Vegetable Soup, Beef Pot Roast, Boiled Potatoes, Roasted Vegetables, Steamed Spinach, Stir Fry Noodles

## Thursday 3/4 – *Subject to Change*

Breakfast: Oatmeal, Eggs, Grits, Belgian Waffles, French Toast, Hash-Brown Potatoes, Turkey Bacon, Sausage Gravy and Biscuits

Lunch: Chicken Tortilla Soup, U.S. Senate Bean Soup, Hot Meatball Beef Sandwich, French Fries, Steamed Corn, Steamed Green Beans, Vegan Soft Tacos

Dinner: Chicken Tortilla Soup, U.S. Senate Bean Soup, Marsala Chicken Breast, Fettuccini Noodles, Steamed Peas, Steamed Cauliflower, Baguette Grilled Humus Sandwich

## Friday 3/5 – *Subject to Change*

Breakfast: Oatmeal, Eggs, Grits, Belgian Waffles, French Toast, Home Fries, Frizzled Ham, Sausage Gravy and Biscuits

Lunch: Clam Chowder Soup, Pasta E Fagioli Soup, Chicken Soft Tacos, Steamed Corn, Refried Beans, Steamed Broccoli Crowns, Penne Pasta w/ Fra Diavolo Sauce

Dinner: **CLOSED DUE TO SPRING BREAK**

## Saturday 3/6 – *Subject to Change*

**CLOSED DUE TO SPRING BREAK**

## Sunday 3/7 – *Subject to Change*

**CLOSED DUE TO SPRING BREAK**